



# Central Coast Junior Rugby Union Weighdown Form

LOCATION OF WEIGHDOWN ..... DATE .....

Name.....		Date Of Birth.....	
Club .....	Season .....	ARUID .....	Requested Age group: .....
Form AD13 Completed .....		Weight As Per Scales .....	
CCJRU OFFICIAL #1 .....		CCJRU OFFICIAL #2.....	

Male Application	25 <sup>th</sup> percentile	50 <sup>th</sup> percentile
Under 9's to play Under 8's	25kg or less	28kg or less
Under 10's to play Under 9's	28kg or less	32kg or less
Under 11's to play Under 10's	32kg or less	36kg or less
Under 12's to play Under 11's	36kg or less	40kg or less
Under 13's to play Under 12's	40kg or less	45kg or less
Under 14's to play Under 13's	45kg or less	51kg or less
Under 15's to play Under 14's	50kg or less	56kg or less
Under 16's to play Under 15's	54kg or less	61kg or less
Under 17's to play Under 16's	58kg or less	64kg or less
Under 18's to play Under 17's	61kg or less	Not Available

The player weight shown on this form is used in conjunction with information provided on NSWCJRU Form AD13 to determine whether dispensation will be given for the player to compete in the age group below their correct age group.